

Four- Week Introduction to Aikido Class – Just \$40!

**Thursdays, 7:00pm-8:00pm
March 1, 8, 15, & 22**



Capitol Hill Aikikai



**Parish of St. Monica & St. James,
222 8th Street, NE**

www.capitolhillaikikai.org

Just show up in loose fitting comfortable clothing.

AIKIDO CLASS
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